

How Do I Help Gender Questioning Young People?

Radical Feminists

Encourage young people to act in the ways that come naturally to them, including acting in gender-nonconforming ways (i.e. girls being masculine or boys being feminine).

Make schools, homes and other environments free from sexism and supportive of gender non-conforming behaviors.

Encourage young people to feel good about their male and female bodies. When children experience gender dysphoria, teach them coping techniques that do not involve surgery or hormones, such as those used by detransitioners.

Encourage development of personal qualities like kindness and courage. Downplay the importance of physical beauty. Discourage conformity with feminine or masculine beauty standards promoted by the media.

When girls or boys say they are or want to be the “other” gender, ask them why. Find out what it is about the “other” gender that they want. Encourage children to wear the clothes they want, play with the toys they prefer, and act how they want to. Help them realize how wonderful their bodies are.

Avoid giving children dangerous puberty blocking drugs or cross-sex hormones. Research suggests that most children who say they want to be the “other” gender eventually accept their biological sex.

Educate young people about the ways that gender constricts their freedom and hurts everyone. Educate young people (and adults) about the harms created by all forms of prejudice and discrimination. Teach critical thinking skills.

Transactivists

When young people prefer the toys, clothing and behaviors of the “other” gender, seek help from professionals who accept the transactivist point of view about transitioning.

Require school officials, teachers and coaches to track and record gender non-conforming behaviors and alert parents and social services.

When young people experience gender dysphoria, the only solution is to help them transition, including use of hormone blockers, cross-sex hormones and surgery.

Teach gender non-conforming children to conform to the gender standards of the “other” gender. Give them hormone blockers and cross-sex hormones hoping they can feel less self-hatred toward their bodies.

When girls say they are or want to be boys or boys say they are or want to be girls, never question their desire or choice; to do so is “transphobic.” Ignore the role of peer pressure in causing some young people to choose to transition.

Gender non-conforming children who want them should be given puberty blocking drugs, followed by cross-sex hormones, regardless of the potential dangers, which include permanent sterilization.

Teach young people that gender is an identity that is unchangeable and that transitioning is the only solution if you feel uncomfortable with your sex or gender. Educate young people to accept the transactivist point of view.



For more information: xxamazons.org

